




A LA CARTE MILK IS \$0.35 TO PURCHASE
 ADULT BREAKFAST \$3.00 ADULT LUNCH \$4.50

SCHOOL BREAKFASTS & LUNCHES ARE FREE TO ALL ENROLLED STUDENTS!
 MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

DECEMBER MENU

*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.
 *LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.
 MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.	CEREAL CHOICE ¹ <hr/> CHICKEN & WAFFLES WITH SYRUP	PANCAKE SAUSAGE ON A STICK WITH SYRUP ² <hr/> PIZZA
CEREAL CHOICE ⁵ <hr/> HAMBURGER WITH POTATO WEDGES & TOPPINGS BAR	BAGEL WITH CREAM CHEESE ⁶ <hr/> CHICKEN TACO WITH TOPPINGS BAR	CINNAMON ROLL & SMOOTHIE ⁷ <hr/> GRILLED CHEESE SANDWICH WITH SOUP	CEREAL CHOICE ⁸ <hr/> ORANGE CHICKEN OVER BROWN RICE AND STEAMED VEGGIES	FRENCH TOAST WITH SYRUP ⁹ <hr/> PIZZA
CEREAL CHOICE ¹² <hr/> HOTDOG WITH FRENCH FRIES	MUFFIN WITH YOGURT CHOICE ¹³ <hr/> NACHOS WITH TOPPINGS BAR	PARFAIT CHOICE ¹⁴ <hr/> FUSION BOWL WITH TOPPINGS BAR	CEREAL CHOICE ¹⁵ <hr/> POPCORN CHICKEN WITH MACARONI AND CHEESE	PANCAKES TOPPED WITH BERRIES & WHIPPED CREAM ¹⁶ <hr/> PIZZA
CEREAL CHOICE ¹⁹ <hr/> BRUNCH FOR LUNCH	BAGEL WITH CREAM CHEESE ²⁰ <hr/> BEAN & CHEESE QUESADILLA	DONUT & SMOOTHIE ²¹ <hr/> GRILLED CHEESE SANDWICH WITH SOUP	CEREAL CHOICE ²² <hr/> TURKEY & GRAVY OVER MASHED POTATOES	WINTER BREAK ²³
WINTER BREAK ²⁶	WINTER BREAK ²⁷	WINTER BREAK ²⁸	WINTER BREAK ²⁹	WINTER BREAK ³⁰

*Mt Union Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our website at www.muesd.org