



# JUNE MENU

BREAKFAST AND LUNCH IS FREE TO ALL ENROLLED STUDENTS!

ADULT BREAKFAST \$3.00

ADULT LUNCH \$4.50

A LA CARTE MILK \$0.35

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

\*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

\*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

\*MENU IS SUBJECT TO CHANGE\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN.	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.	1 CINNAMON ROLL & SMOOTHIE TURKEY & CHEESE SANDWICH	2 CEREAL SPAGHETTI IN MEAT SAUCE	3 WAFFLES W/ SYRUP PIZZA
6 CEREAL HAMBURGER & TATER TOTS	7 WG BAGEL W/ CREAM CHEESE CHICKEN FAJITA	8 FRUIT & YOGURT PARFAIT COOKS CHOICE	9 CEREAL COOKS CHOICE	10 FRENCH TOAST W/ SYRUP PIZZA
13 COOKS CHOICE				
				<p>Choose MyPlate.gov</p>

\*Mountain Union Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our school website