



BREAKFAST AND LUNCH IS FREE TO ALL ENROLLED STUDENTS!

ADULT BREAKFAST \$3.50

ADULT LUNCH \$4.75

A LA CARTE MILK \$0.35

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

\*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

\*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

\*MENU IS SUBJECT TO CHANGE\*

# MARCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN.	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.			1 YOGURT PARFAIT PIZZA WITH GREEN SALAD
4 CEREAL CHICKEN NOODLE SOUP WITH GREEN SALAD	5 FRENCH TOAST AND FRUIT HAMBURGERS WITH FRENCH FRIES	6 CEREAL TERIYAKI CHICKEN WITH BROWN RICE AND VEGGIES	7 GREEN EGGS AND HAM CHICKEN STRIPS WITH MASHED POTATOES AND BISCUIT	8 MUFFIN AND YOGURT BEEF SPAGHETTI WITH GREEN SALAD
11 CEREAL MINESTRONE SOUP WITH GREEN SALAD	12 BISCUITS AND GRAVY MACARONI AND CHEESE WITH CHICKEN NUGGETS AND VEGGIES	13 BAGELS WITH CREAM CHEESE HOT HAM AND CHEESE WITH POTATO SALAD	14 CEREAL GRILLED CHICKEN SANDWICH WITH TATER TOTS	15 SCONES AND YOGURT PIZZA WITH GREEN SALAD
18 CEREAL BEEF CHILI WITH GREEN SALAD	19 WAFFLES BEEF NACHOS WITH FIXINGS	20 BREAKFAST SANDWICH POPCORN CHICKEN WITH MASHED POTATOES, CORN AND BISCUIT	21 CEREAL HAMBURGERS WITH FRENCH FRIES	22 MUFFIN AND SMOOTHIE LASAGNA WITH GREEN SALAD
25 CEREAL CHICKEN NOODLE SOUP WITH GREEN SALAD	26 FRENCH TOAST AND SAUSAGE PATTY BEEF TACOS WITH BEANS	27 BAGELS WITH CREAM CHEESE ORANGE CHICKEN WITH BROWN RICE	28 CEREAL TUNA SANDWICH WITH MACARONI SALAD	29 YOGURT PARFAIT PIZZA WITH GREEN SALAD

\*Mountain Union Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our school website