



BREAKFAST AND LUNCH IS FREE TO ALL ENROLLED STUDENTS!

ADULT BREAKFAST \$3.00

ADULT LUNCH \$4.50

A LA CARTE MILK \$0.35

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

\*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

\*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

\*MENU IS SUBJECT TO CHANGE\*

# MARCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN.	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.			
CEREAL CHOICE <sup>6</sup> MINISTRONE SOUP	BREAKFAST DOG ON A STICK <sup>7</sup> TAMALE PIE WITH BEANS AND RICE	WAFFLES WITH FRUIT <sup>1</sup> POPCORN CHICKEN BOWL	CEREAL CHOICE <sup>2</sup> BEEF STROGANOFF WITH RICE AND VEGGIES	MUFFIN AND YOGURT <sup>3</sup> LASAGNA WITH GREEN SALAD
CEREAL CHOICE <sup>13</sup> CHICKEN NOODLE SOUP WITH GRILLED CHEESE	BREAKFAST SANDWICH <sup>14</sup> BEEF NACHOS	BISCUITS AND GRAVY <sup>8</sup> ORANGE CHICKEN WITH BROWN RICE	OATMEAL WITH STRAWBERRIES <sup>9</sup> SUB SANDWICH WITH CHIPS	FRENCH TOAST WITH SAUSAGE PATTY <sup>10</sup> PIZZA WITH SALAD
CEREAL CHOICE <sup>20</sup> HAMBURGERS WITH FRENCH FRIES	MUFFIN AND YOGURT <sup>21</sup> CHICKEN TACOS	PANCAKES WITH SAUSAGE <sup>15</sup> FRENCH TOAST WITH POTATO SQUARES	BAGELS WITH CREAM CHEESE <sup>16</sup> CHICKEN AND WAFFLES	FRUIT PARFAIT <sup>17</sup> LASAGNA WITH GREEN SALAD
CEREAL CHOICE <sup>27</sup> CORN DOG WITH TATER TOTS	BREAKFAST SANDWICH <sup>28</sup> TACO SALAD	PANCAKE SAUSAGE ON A STICK <sup>22</sup> BBQ MEATBALLS WITH BROWN RICE	OATMEAL WITH BLUEBERRIES <sup>23</sup> POPCORN CHICKEN BOWL	DONUT AND SMOOTHIE <sup>24</sup> SPAGHETTI WITH SALAD
		WAFFLES WITH FRUIT <sup>29</sup> TUNA SANDWICH	OATMEAL WITH STRAWBERRIES <sup>30</sup> SUB SANDWICH	FRUIT PARFAIT <sup>31</sup> PIZZA WITH GREEN SALAD

\*Mountain Union Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our school website