



BREAKFAST AND LUNCH IS FREE TO ALL ENROLLED STUDENTS!

ADULT BREAKFAST \$3.50

ADULT LUNCH \$4.75

A LA CARTE MILK \$0.35

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

\*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

\*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

\*MENU IS SUBJECT TO CHANGE\*

# FEBRUARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN.	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.		CEREAL 1 CHICKEN SANDWICH WITH FRENCH FRIES	MUFFIN AND YOGURT 2 PIZZA WITH GREEN SALAD
CEREAL 5 CREAM OF TOMATO SOUP WITH GRILLED CHEESE	BAGELS WITH CREAM CHEESE 6 CHICKEN TACOS	FRENCH TOAST 7 HAMBURGER WITH FRENCH FRIES	CEREAL 8 CHICKEN AND WAFFLES WITH CORN	YOGURT PARFAIT 9 LASAGNA WITH GREEN SALAD
CEREAL 12 CHICKEN NOODLE SOUP WITH GREEN SALAD	BISCUITS AND GRAVY 13 BRUNCH FOR LUNCH, FRENCH TOAST, SAUSAGE PATTY AND POTATO TRIANGLE	STRAWBERRY YOGURT PARFAIT 14 ORANGE CHICKEN WITH BROWN RICE	CEREAL 15 CORN DOGS WITH FRENCH FRIES	MUFFIN AND YOGURT 16 PIZZA WITH GREEN SALAD
PRESIDENT'S WEEK 19	PRESIDENT'S WEEK 20	PRESIDENT'S WEEK 21	PRESIDENT'S WEEK 22	PRESIDENT'S WEEK 23
CEREAL 26 BEEF CHILI WITH FRITOS	EGGS AND TOAST 27 BEEF NACHOS WITH FIXINGS	BAGELS WITH CREAM CHEESE 28 HAMBURGER WITH FRENCH FRIES	CEREAL 29 HOT PASTRAMI WITH TATER TOTS	

\*Mountain Union Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our school website