



BREAKFAST AND LUNCH IS FREE TO ALL ENROLLED STUDENTS!

ADULT BREAKFAST \$3.50

ADULT LUNCH \$4.75

A LA CARTE MILK \$0.35

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

MENU IS SUBJECT TO CHANGE

DECEMBER MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN.	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.			MUFFIN AND YOGURT 1
CEREAL 4 CHICKEN NOODLE SOUP WITH BREADSTICKS AND GREEN SALAD	BREAKFAST SANDWICH 5 NACHOS WITH FIXINGS	BAGELS WITH CREAM CHEESE 6 MACARONI AND CHEESE WITH CHICKEN NUGGETS	CEREAL 7 CHICKEN SANDWICH WITH FRENCH FRIES	BEEF SPAGHETTI WITH GREEN SALAD YOGURT PARFAIT 8 PIZZA WITH GREEN SALAD
CEREAL 11 BEEF CHILI	WAFFLES WITH A SAUSAGE PATTY AND FRUIT 12 BEEF TACOS WITH FIXINGS	TOAST AND EGGS WITH TATER TOTS 13 ORANGE CHICKEN WITH NOODLES AND VEGGIES	CEREAL 14 TURKEY WITH MASHED POTATOES AND GRAVY	MUFFIN AND YOGURT 15 BEEF SPAGHETTI WITH GREEN SALAD
CEREAL 18 CORN DOGS WITH TATER TOTS	BISCUITS AND GRAVY 19 BURRITOS	BAGLES WITH CREAM CHEESE 20 HAMBURGERS WITH FRENCH FRIES	CEREAL 21 PORK ROAST WITH SWEET POTATOES AND GREEN BEANS	22 WINTER BREAK
25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK

*Mountain Union Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our school website